

## BRING REFLEXOLOGY TO YOUR OFFICE OR SPECIAL EVENT!

- ✓ Reflexology can increase employee engagement.
- ✓ Reflexology can boost workplace morale.
- ✓ Reflexology can improve employee focus and productivity.
- ✓ Reflexology can reduce stress and related absences.



Benefits can be felt after one session.  
Reflexology is often included in flexible  
health spending accounts.  
Gift Certificates are available.



## BRING THE HEALING ART OF REFLEXOLOGY TO YOUR OFFICE OR SPECIAL EVENT



Jerry Getty RRP  
Shani Scherenzel RRP  
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## WHAT WE CAN DO FOR YOU...

You already know about the benefits of reflexology, we can provide you with an opportunity to share it with others. Whether it be an client appreciation, employee wellness fair, trade show promotion or a spa party at your home, everyone loves to be pampered. We can create a package that is just right for you. While you provide the venue, we will provide everything else. We can bring the proper equipment, towels, oils and of course, our expertise. We can offer reflexology treatments for either the hands or the feet.

The treatments can be broken down into different time frames depending on your circumstances.

You choose the number of practitioners, choose hand or foot reflexology and provide the venue. We can supply the equipment and our own transportation to the location of choice. We can even include seated massage if you wish.

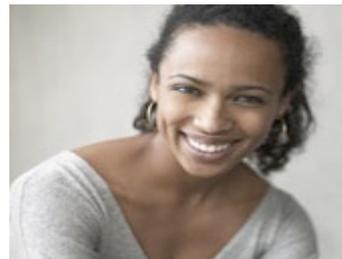
\*Prices are negotiable depending on the event, regularity, distance and hours of booking. GTA only. Bookings require a 3-hour minimum per practitioner with breaks and advance notice. Foot reflexology is a 20-minute minimum/person.



Jerry Getty, RRP

Jerry Getty is a recognized reflexologist, certified by the Reflexology Association of Canada and has been practicing for over 16 years.

*"I had been ill for over a month when Jerry offered to help. Within 48 hours my symptoms were completely gone. I thought I was just getting a foot massage but instead I got healthier."* T.C.



Shani Scherenzel, RRP

Shani Scherenzel is a 2005 graduate from the Ontario College of Reflexology. She is passionate about health and well-being..

*"After one session with Shani my stress level diminished greatly and I was able to face the issues at hand."* P.H.

*"Reflexology is a natural and kind way to treat employees, everyone was raving about their treatments with Jerry & Shani for weeks!"* D.M.

## WHAT IS REFLEXOLOGY?

Reflexology is a treatment based on the principle that there are reflexes in the feet and hands, which correspond to every part, gland and organ of the body.

Through expert massage of these reflexes, reflexology produces the following effects on the body:

- Reduces stress and induces deep relaxation
- Improves circulation
- Cleanses the body of toxins and impurities
- Balances the whole system
- Revitalizes energy



*"Balance is beautiful"*  
– Miyoko Ohno